# March 16, 2020

**2019 Novel Coronavirus (COVID-19) Guidelines for Registered Nurses performing home visits:**

In accordance with New York City Department of Health and Mental Hygiene (DOHMH) and CDC, Xincon Home Health is sharing the following pre-visit screening guidelines specific to the UAS and Skilled Nursing home visits:

# In advance of scheduling a home visit with patients:

1. Xincon will contact the Local Health Department (LHD) where the patient resides

in advance of upcoming, scheduled patient visits to determine if any of their patients are under mandatory quarantine or precautionary quarantine for possible COVID-19 infection and discuss with the LHD how to ensure required patient care, particularly if the patient is a Classification Level 1 patient who cannot miss their regular care or a new referral

# If patient is not on the LHD list then RN calls to schedule visit and does a pre-screen of the patient

1. Ask/observe patient’s condition regarding upper respiratory symptoms (e.g., cough, sore throat, fever, or shortness of breath);
2. Ask the patient, “Have you traveled to a country for which the CDC has issued a Level 2 or 3 travel designation within the last 14 days?”;

* China
* Iran
* South Korea
* Europe (Schengen Area): Austria, Belgium, Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Iceland, Italy, Latvia, Liechtenstein, Lithuania, Luxembourg, Malta, Netherlands, Norway, Poland, Portugal, Slovakia, Slovenia, Spain, Sweden, Switzerland, Monaco, San Marino, Vatican City
* United Kingdom and Ireland: England, Scotland, Wales, Northern Ireland, Republic of Ireland

1. Ask the patient, “Have you had contact with any Persons Under Investigation (PUIs) for COVID-19 within the last 14 days, OR with anyone with known COVID-19?”
2. If the patient answers “Yes” to questions B or C, but does not report, or upon observation does not show signs of, respiratory infection symptoms, the homecare nurse should contact Xincon at (212) 560-9218 and inform us of the patient’s risk factors (based on the responses to questions 2B and 2C) and report if there are changes in the patient’s condition based on observation, patient self-report and vital signs to receive guidance.
3. If the patient shows signs of respiratory distress or another medical emergency at the visit,

the nurse should contact 911. The nurse must inform 911 dispatch of the concern for COVID-19 infection Xincon will contact the LHD in the patient’s area and inform them of the event

1. Xincon will stay in contact with the LHD to confirm that the individual is being

monitored and to receive guidance on how to assure the patient receives any care, that is essential for their health and well-being.

1. If Xincon is unable to reach the appropriate LHD, the NYSDOH Bureau of Communicable Disease Control can be contacted at 518-473-4439 during business hours or the NYSDOH Public Health Duty Officer at 1-866-881-2809 evenings, weekends, and holidays.

# Please reach out supervisors any time you have any questions, concerns and/or feedback.

We will continue to provide updates as they evolve.

Thanks for your continued support in this uncertain time.

**Xincon Home Health Care Services, Inc**